## 2019 KINDERFEST ROADRACE—Sponsored by Blum Physical Therapy, Franck & Sextro P.C., and Casey's









What: Kinderfest 5 K Roadrace/Walk When: 8:00 A.M., Saturday, June 15th, 2019

Where: Manning City Park

**Entry Fee:** 

POSTMARKED BY Wednesday, June 5th

Age 12 and Under: \$10.00 Adults: \$20.00

No t-shirt guaranteed for registrations received after June 5th.

Registration:

Mail to: Robert Cast, 3165 370th Street, Manning, Iowa 51455.

Phone: 712-653-2187 Email: rcast@ikm-manning.k12.ia.us

Race Day Registration: Manning City Park, 7:00-7:30.

Awards 5 K: 1st Place Overall Men's and Women's--Trophy, Medals for 1st and 2nd place finishers in

each age group. Ribbons to all 12 and Under Participants.

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Entry Form: Name:	Ad	address						
City:	State:	Ziţ	Zip Code:					
Daytime Phone:	_ Cell Pho	Phone:				_ optional		
Email Address:					please write legibly			
Please circle: Ma	ale Female							
Please circle: Adult T-shirt Size:			S	М	L	XL	XXL	
	Youth T-shirt size		` '			10-12)		

Please Circle Correct Age Group. Please circle the age you will be on June 15th

12 and under. 50 and Up 13-19. 20-29. 30-39.

## Waiver and Release:

In consideration of acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have or thereafter accrue to me against all sponsors, contributors, and individuals associated with the event, it agencies, representatives, successors and assigns for any and all injuries suffered by me while taking part in this event. I attest and verify that I have full knowledge of the risks involved and I am physically fit and sufficiently trained to participate in this event. I give my permission for the free use of my name and picture in any broadcast or print media account of event.

Signature and Date:

(If participant is under 18, parent or guardian must sign or runner will NOT be allowed to participate)

Make checks payable to: Robert Cast Payment must accompany entry.



